



ROOT CHAKRA  
Muladhara

SACRED CHAKRA  
Svadhishthana

PLEXUS CHAKRA  
Manipura

HEART CHAKRA  
Anahata

THROAT CHAKRA  
Vishuddha

AJINA CHAKRA  
Ajna

CROWN CHAKRA  
Sahasrara

7 FRONT CHAKRAS MANDALAS